

IN THE BUUF,
The Newsletter of the
BUFFALO UNITARIAN UNIVERSALIST FELLOWSHIP

OCTOBER 2019



Compassion, Humanism, Idealism

Our regular meetings are held at the Buffalo Community Center on the second Wednesday from September through May and begin at 7 p.m. Please enter through the rear door.



NEXT MEETINGS

Wednesday, October 9 Regular BUUF meeting at the Buffalo Community Center

Thursday, October 17 BUUFalo Gals meet at 11:30 a.m.



REGULAR BUUF MEETINGS

October 9 Judy Foster from the St. Cloud UU church, will speak about MUUSJA. For the second time this fall, when we pass the offertory basket you will again have the option of letting your donation benefit the Minnesota Unitarian Universalist Social Justice Alliance; they are asking all Minnesota UUs to give \$5 per member.

November 13 David Boyer will speak on “Why I Am Drawn to Hinduism.” Also, we’ll pick up on unfinished business: Bill Weir’s experience at Camp Unistar, election of a vice president, reviewing the need for pledges, signing up for refreshments, and asking members to supply programs.

December 11 Duncan Fowler will present the new BUUF website.

January 8 Bill Weir will present “Preparing for AI’s Revolution,” based on an article by Henry Kissinger and others.

February 12 Erin Walsh will present “You Are What You Eat, in a Nutshell (pun intended). Body health, global eating, Slow Food, climate change, cultural quirks, and “-isms” These days, our stated food choices easily become a statement about our personal beliefs and values. There are disciples in many camps: Paleotarian, Pollotarian, Pescatarian, etc. Even a non-choice has a title – flexitarian. If these sound like the names of religions, you’re probably more accurate than you realize.

March 11 YOUR NAME HERE?

April 8 report on the MidAmerica Regional Assembly, by Bill Weir and any others who attended.

May 13 Annual Business Meeting

We’re hoping you will offer a program in March. It could be talking about an interesting book you read, showing a video, or leading a “Socrates’ Café” on a topic you care about. Remember, it doesn’t have to be polished. Just introduce a topic and, as you know, the BUUF folks will take it from there!



BUUFalo GALS

The women of the BUUF meet the third Thursday of each month for lunch and conversation. Our next meeting will be Thursday, October 17 at 11:30 a.m. Please let Louise Markve know if you plan to attend so we get a big-enough table! Phone her at (763) 682-4616 or email loumar937@gmail.com.



BUUF TREATS

As we gather for our regular meetings, we enjoy spending some time socializing and eating! Thank you to these folks who have signed up to bring treats:

October 9	David Boyer	November 13	Polly O'Brien
December 11	Maija Zaeska	January 8	Louise Markve
February 12	Marie Smith	March 11	Pattie and Bill



INTERESTING STUFF FROM THE OCTOBER 2019 ISSUE OF MIDAMERICA MESSENGER, the newsletter of the UU MidAmerica Region...

Dismantling Systemic White Supremacy: Slowing Down to Go Deeper – Two years ago the MidAmerica Fieldstaff Team embarked on a course of group study in order to do personal work around dismantling systemic white supremacy. Here is a sample of what they viewed and discussed:

- The 2017 film, Get Out, by writer/actor/director Jordan Peele
- Brittany Packnett's 2018 Ware Lecture
- Transforming Hearts Collective's course, "Transgender Inclusion in Congregations."

Later this fall they will be discussing the book, The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma, by Bessel Van Der Kolk.

MidAmerica Regional Assembly 2020: Saturday, April 18, 2020, at the Unitarian Universalist Church of Rockford, Illinois. Keynote speaker will be Taquiena Boston, Special Advisor to the UUA President for Institutional Inclusion, Equity and Change. This event will be live streamed for those who can't get to Illinois.

2019-2020 Common Read: The UUA's Common Real Selection Committee announced the choice of An Indigenous People's History of the United States by Roxanne Dunbar-Ortiz. In 2020, the United States will approach the 400th anniversary of the much-mythologized encounter at Plymouth between colonists and those native to the land, and the UU General Assembly 2020 (in Providence, Rhode Island) will speak to the truths that contradict the mythology. NOTE: Marie owns this book, currently on loan to Beverly Anderson.

UU State Action Network Forming in Wisconsin: The Wisconsin Unitarian Universalist State Action Network (WUUSAN) has been in formation for over two years and is now taking its first steps to be a platform for social change in Wisconsin. Its initial focus will be on strengthening our democracy, which is consistent with the Fifth Principle of Unitarian Universalists and is broad enough to encompass issues such as gerrymandering, voters' rights, disenfranchisement of returning citizens, etc.



On Rosh Hashanah –

To those I have wronged,
I ask forgiveness.

To those I have helped,
I wish I did more.

To those I neglected
I ask for understanding.

To those who have helped me,
I sincerely thank you.