

IN THE BUUF, The Newsletter of the
BUFFALO UNITARIAN UNIVERSALIST FELLOWSHIP

FEBRUARY 2019



Compassion, Humanism, Idealism

*Our regular meetings are held at the Buffalo Community Center from September through May and begin at 7 p.m.
Please enter through the rear door.*



NEXT MEETINGS

- Thursday, January 24 BUUFalo Gals meet at Perkins in Buffalo, 11:30 a.m. (see more info below)
- Tuesday, February 5 Bonnie Anderson invites us to have a piece of cake with her as she celebrates her 91st birthday! Come at 7 p.m. RSVPs appreciated but not required: (763) 684-0528 or email rhmama@msn.com.
- Wednesday, February 13 “The Power of Music” presented by Pattie Dorf. Before you come, try to remember your earliest memory of being touched by music.
- Wednesday, March 13 to be announced

NOTE: The BUUF will meet just once a month, on the second Wednesday, during the winter months (this includes April!).



BUUFalo GALS

The women of the BUUF meet the third Thursday of each month for lunch and conversation. **However, this month our meeting will be the fourth Thursday, January 24 at 11:30 a.m., at a Perkins in Buffalo.** Please let Louise Markve know if you plan to attend so we get a big-enough table! Phone her at (763) 682-4626 or email loumar937@gmail.com.



Notes from our January 9 meeting...

Bill Weir outlined the ideas presented in the book, Finding Purpose in a Godless World by Ralph Lewis, MD. He started by asking us whether we’ve reflected on our purpose in life. Many people are taught that they are living for God. But, if you don’t believe in a personal God, how do you find your purpose? Scientists say the Universe is showing us the way, and that way is EMPATHY. Morality can be based on scientific basis and reason. Dehumanization blocks empathy. Reason is more versatile than emotion in making ethical decisions. The website for the book with links to articles, videos and podcasts is www.purposewithoutgod.com.



WILLMAR UU CHURCH HOSTING "LOVE REACHES OUT" WORKSHOP

The Unitarian Universalist Church of Willmar will host a "Love Reaches Out" workshop on Saturday, February 16 from 10 a.m. to 3:30 p.m.

"Love Reaches Out" workshops were developed by the Unitarian Universalist Association to help congregations:

Understand how the American religious landscape is changing and how UU congregations can respond to that reality;

Examine who we are as Unitarian Universalists, both in our congregations and as a faith movement, and whether we are effectively communicating this to the wider world; and

Develop a plan for getting started with your congregation or group reaching out into the community while staying grounded in your core identity or mission.

Registration cost depends on the size of each group attending. \$25 for one person; \$20 each for two people; \$15 each for groups of three or more. Lunch will be provided. Home hospitality is available for folks who want to arrive on Friday.

If you would like to go, contact Marie Smith at buffalouufellowship@gmail.com, (763) 295-3732 or Bill Weir at wweir1@gmail.com, (612) 751-0445

For more information, contact David Moody at davidmoody@jmsklaw.com.



BUUF PROGRAMS - YOUR HELP IS NEEDED

We all know our active membership is dwindling. Several of our most active and committed members have died or moved away in the last year or so. In order to keep the BUUF going, we need the help of each interested person. **We need you to take responsibility for one evening's program.**

You could ask someone you know to speak to the group about any topic – we've had programs about eating right, sustainable agriculture, politics, ancient history, Native American spirituality, Hinduism, Mormonism, and many others. We've had members tell about their travels. We've had members tell about conferences they've attended or interesting books they've read. And we've discussed the basics of our Unitarian Universalism – our Principles and our Spiritual Sources.

We've never heard from you about what you're interested in!

Come to the meeting on Wednesday evening, or contact one of the Executive Committee members, and share your questions and your passions with the BUUF. The Executive Committee members are David Boyer, President; Louise Markve, Vice President; Duncan Fowler, Administrator/Treasurer; Marie Smith, Secretary.

David and Rosalie will be away during the winter months. The best way to reach him during that time is by email: DLBoyer@StCloudState.edu. The other elected officers can be reached at their email addresses, too: Louise Markve, loumar937@gmail.com, Duncan Fowler, DuncFowler@gmail.com, Marie Smith, buffalouufellowship@gmail.com.



This is making the email rounds from Senator Bernie Sanders –

On January 11, 1944, in his last State of the Union speech, President Franklin Delano Roosevelt outlined the need for a second bill of rights in which every American has the fundamental right to:

1. A job
2. An adequate wage and decent living
3. A decent home
4. Medical care
5. Economic protection during sickness, accident, old age, or unemployment
6. A good education

In my view, the time has come to fulfill and expand upon FDR’s vision by guaranteeing everyone in America the right to universal healthcare through Medicare for All; a good paying job; free tuition at public colleges and universities and a substantial reduction in student debt; high quality pre-K and childcare; paid family and medical leave; an expansion in Social Security; and safe and affordable housing.

These are not radical ideas – they are supported by the overwhelming majority of Americans. Working together we can and we must achieve economic, social, racial, political, and environmental justice for all.

